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New Clients

Please Complete Before Your Appointment

1. **Intake Form** — please allow up to 20 minutes to complete your intake form prior to your appointment.
2. **Blood Test Results** — if you have any recent blood test results, please email them to envisionhealthoz@gmail.com ahead of your consultation.
3. **3 Day Food Diary** — a food diary is preferred before your first appointment. A template is available on our website, along with answers to frequently asked questions at envisionhealth.com.au/faq

Completing these before your appointment allows us to make the most of your consultation time.