

Getting Your Supplements from Ariya Health

Ariya health is a practitioner only prescription service

Ariya Health is an online or walk in prescription service located in Townsville. Ariya Health only dispenses practitioner grade supplements that require a script from your practitioner.

Location: 62 Ingham Road (Service Road), West End, Townsville or direct delivery

 (07) 1300 768 963  Mon–Fri, 8:30am–5:00pm

How it works:

- 1. Your naturopath sends your prescription** An electronic prescription for your recommended supplements is prepared and sent directly to both you and Ariya Health via email.
- 2. You receive your prescription by email** Keep an eye on your inbox — your prescription will be emailed to you directly from Ariya Health (check your spam/junk box just incase)
- 3. Open the email and click the link** Inside the email, scroll towards the bottom and click the link provided. This will take you directly to the Ariya Health website where your prescription items are already loaded and ready for you.
- 4. Select your items and complete your order** Review your prescription items on the page, select what you need, and follow the instructions in the email to complete your purchase online.
- 5. Collect in store or wait for delivery** Head into Ariya Health during business hours and let staff know you're a patient of your naturopath or wait for your order to be delivered if you've chosen that option.
- 6. Using your repeats** Your naturopath may include repeats on your prescription so you can restock when needed without waiting for a new script. To check how many repeats you have left, either refer back to your email or ask the Ariya staff in store.

Why practitioner-grade supplements?

These aren't your standard off-the-shelf products. Practitioner-grade supplements are manufactured to pharmaceutical standards with therapeutic dosages, higher quality ingredients, and better absorption. They contain fewer fillers and additives, are tested for purity and potency, and are specifically chosen by your naturopath to match your individual health needs and treatment plan.